



# New York Center for Child Development

Formerly Manhattan Center for Early Learning

Committed to Excellence in the Education and Treatment of Children with Special Needs and Their Families

## Early Childhood Mental Health Consultation and Treatment Program of the New York Center for Child Development

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### PROGRAM OBJECTIVES

- To improve the ability of early childhood providers to prevent, identify and treat social-emotional and behavioral problems in children under five and their caregivers.
- To coordinate mental health treatment across systems through referral and collaboration.
- To demonstrate DIR® as a model of assessment and intervention.
- To increase awareness of the impact of infant/early childhood mental health on development and early learning.
- To provide consultation and training to primary care, preventive services and daycare agencies to implement DIR® principles and practice.
- To screen children under five using the Ages and Stages Social Emotional Questionnaire in a community setting.

### FUNDING

A competitive grant from the New York City Department of Health and Mental Hygiene awarded to New York Center for Child Development to develop and implement a model demonstration project to serve children 5 and under in East and Central Harlem.



### TRAININGS PROVIDED

- Provided 44 trainings on social-emotional health of young children and DIR® principles.
- Provided training to 786 participants.

### DIR® SERVICES TO CHILDREN AND FAMILIES

- To identify children at-risk for social emotional delays.
- To provide DIR® treatment to caregiver-child dyads both in the home and center.
- To provide relationship-based services to families with multiple stressors.



### WHAT PROFESSIONALS AND PARENTS ARE SAYING ABOUT OUR PROGRAM

*"I have learned a lot about myself, how to be a mom and how to control myself before I mistreat my child."*

Mother, Participant in DIR® Treatment

*"Working with skilled childhood specialists as a team has enhanced our staff's skills and has allowed for ongoing collaboration and services delivery in meeting the needs of our children and their families."*

- Director of Social Services Daycare Setting

*"The program has improved the quality of services. Patients have embraced the services, staff have been an integral part of the identification/referral process."*

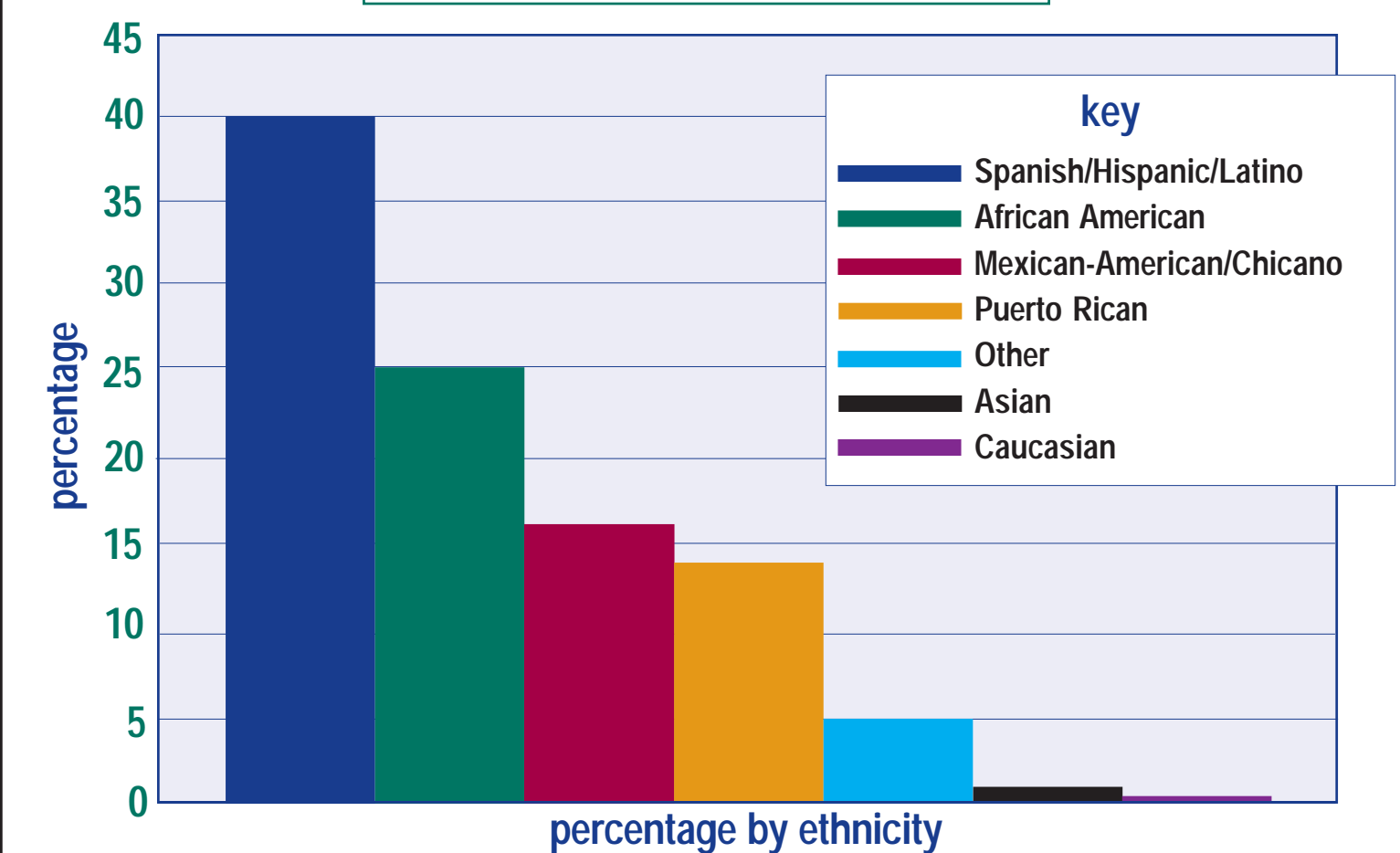
- Medical Director, Primary Care Clinic

### CHILDREN AND FAMILIES SERVED

July 1, 2007-September 30, 2008

Children/Families Served: .....	804
Children Screened (Ages and Stages SE): .....	506
Children with Positive Screen: .....	142
Percentage of Children with Positive Screens: .....	28
Children Who Received Case Consultation or Treatment: .....	425
Case Consultation and Treatment Sessions: .....	2036
Case Consultation Sessions: .....	1371
Treatment Sessions: .....	665

### ETHNICITY BREAKDOWN



## New York Center for Child Development's Collaborating Agencies in East and Central Harlem



Pediatric Primary Care Clinic



Preschool/Daycare Centers



Preventive Services



The Interdisciplinary Council on Developmental and Learning Disorders